

# January 2018

Wells Ogunquit Center at Moody  
 300 Post Road (PO Box 987) Wells ME 04090  
 207-646-7775 | www.wocam.org



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Scrabble 1-3 pm Hand & Foot 1-3pm Line Dance 1-2:30pm Art Class 2-4 pm Yoga 2:45-3:45 pm	2 Exercise 10:30am Foot Care 11:30am Friendly Bridge 12-3pm Game Night 3:30-5:30pm	3 AYLI 10am—noon Yoga 9:30-10:30 am Mahjong 12-3pm Craft Rm 12:30-2:30pm Cribbage 1-3pm	4 Bridge Class 10am Exercise 10:45am Line Dance 1:00-2:30pm	5 Pinochle Class 9am Pinochle 10am-noon Hand & Foot 1-4pm Mahjong 1-3pm	6 Warming Saturday 9am—4pm Food by Congdon's Music by Caleb Eickmann
7	8 Scrabble 1-3 pm Hand & Foot 1-3pm Line Dance 1-2:30 pm Art Class 2-4 pm Yoga 2:45-3:45 pm	9 Exercise 10:30am Foot Care 11:30am Friendly Bridge 12-3pm 1:30-2:30 Game Night 3:30-5:30pm	10 Yoga 9:30-10:30 am Mahjong 12-3pm Craft Rm 12:30-2:30pm Cribbage 1-3pm	11 Bridge Class 10am Exercise 10:45am Bridge 12:30pm Line Dance 1:00-2:30pm	12 Pinochle Class 9am Pinochle 10am-noon Hand & Foot 1-4pm Mahjong 1-3pm	13 Warming Saturday 9am—4pm Lunch by Bull & Claw Music by King Top Hatz
14	15 Scrabble 1-3 pm Hand & Foot 1-3pm Line Dance 1-2:30 pm Art Class 2-4 pm Yoga 2:45-3:45 pm	16 Exercise 10:30am Foot Care 11:30am Friendly Bridge 12-3pm Game Night 3:30-5:30pm	17 AYLI 10am—noon Yoga 9:30-10:30 am Mahjong 12-3pm Craft Rm 12:30-2:30pm Cribbage 1-3pm	18 Bridge Class 10am Alzheimer's Awareness Pro- gram 10-11:30am Exercise 10:45am Bridge 12:30pm Line Dance 1:00-2:30pm	19 Pinochle Class 9am Pinochle 10am-noon AAA Driving Class 10am- 3pm Hand & Foot 1-4pm Mahjong 1-3pm	20 Warming Saturday 9am—4pm Lunch by Wells Fire Dept. Music by October Road
21	23 Scrabble 1-3 pm Hand & Foot 1-3pm Line Dance 1-2:30 pm Art Class 2-4 pm Yoga 2:45-3:45 pm	23 Exercise 10:30am Foot Care 11:30am Friendly Bridge 12-3pm Game Night 3:30-5:30pm	24 Yoga 9:30-10:30 am Mahjong 12-3pm Craft Rm 12:30-2:30pm Cribbage 1-3pm	25 Bridge Class 10am Exercise 10:45am Bridge 12:30pm Line Dance 1:00-2:30pm	26 Pinochle Class 9am Pinochle 10am-noon Hand & Foot 1-4pm	27 Warming Saturday 9am—4pm Lunch by Town of Wells Music by Cedar Mountain Bluegrass
28	29 Scrabble 1-3 pm Hand & Foot 1-3pm Line Dance 1-2:30 pm Art Class 2-4 pm Yoga 2:45-3:45 pm	30 Exercise 10:30am Foot Care 11:30am Friendly Bridge 12-3pm Game Night 3:30-5:30pm	31 Yoga 9:30-10:30 am Mahjong 12-3pm Craft Rm 12:30-2:30pm Cribbage 1-3pm	<b>Don't Miss:</b> <ul style="list-style-type: none"> <li>Alzheimer's Awareness Program, January 18</li> <li>AAA Driving Class, January 19</li> <li>Allagash Brewery Tour, January 25</li> <li>Warming Saturdays</li> </ul>		