



August

Wells Ogunquit Center at Moody
 300 Post Road (PO Box 987) Wells ME 04090
 207-646-7775 | www.wocam.org



	Mon	Tue	Wed	Thu	Fri	Sat
ss: Cabbage Island Trip Downsizing Your Home Program 100 Club Sentry Hill Luncheon			1 Yoga 9:30-10:30 am Mahjong 12-3pm Craft Rm 12:30-2:30pm Cribbage 1-3pm Bingo 4:30pm	2 Bridge Class 10am Art Class 10am-12pm Exercise 10:45am Bridge 12:30 pm Line Dance 1:00-2:30pm	3 Cabbage Island Trip 8 am Pinochle Class 9am Yoga 9:30-10:30 Pinochle 10am-noon Hand & Foot 1-4pm Mahjong 12-3pm	4 Pancake Break Team 8-11am
	6 Scrabble 1-3 pm Hand & Foot 1-3pm Line Dance 1-2:30 pm Art Class 1-3 pm Yoga 2:45-3:45 pm	7 Exercise 10:30am Foot Care 11:30am Friendly Bridge 12-3pm Game Night 4-5:30	8 Yoga 9:30-10:30 am Mahjong 12-3pm Craft Rm 12:30-2:30pm Cribbage 1-3pm Bingo 4:30pm	9 Bridge Class 10am Art Class 10am-12pm Exercise 10:45am Bridge 12:30 pm Line Dance 1:00-2:30pm	10 Pinochle Class 9am Yoga 9:30-10:30 Pinochle 10am-noon Hand & Foot 1-4pm Mahjong 12-3pm	11 Pancake Break Team 8-11am
	13 Scrabble 1-3 pm Hand & Foot 1-3pm Line Dance 1-2:30 pm Art Class 1-3 pm Yoga 2:45-3:45 pm	14 No Exercise Foot Care 11:30am Friendly Bridge 12-3pm Game Night 4-5:30	15 AYLI 11:30am—1pm Yoga 9:30-10:30 am Mahjong 12-3pm Craft Rm 12:30-2:30pm Cribbage 1-3pm Bingo 4:30pm	16 Bridge Class 10am Art Class 10am-12pm Exercise 10:45am Bridge 12:30 pm Line Dance 1:00-2:30pm	17 Pinochle Class 9am Yoga 9:30-10:30 Downsizing Program 11:30am Pinochle 10am-noon Hand & Foot 1-4pm Mahjong 12-3pm 100 Club 5pm	18 Pancake Break Team 8-11am
	20 Scrabble 1-3 pm Hand & Foot 1-3pm Line Dance 1-2:30 pm Art Class 1-3 pm Yoga 2:45-3:45 pm	21 Exercise 10:30am Foot Care 11:30am Friendly Bridge 12-3pm Game Night 4-5:30	22 Yoga 9:30-10:30 am Mahjong 12-3pm Craft Rm 12:30-2:30pm Cribbage 1-3pm Bingo 4:30pm	23 Bridge Class 10am Art Class 10am-12pm Sentry Hill Luncheon noon Bridge 12:30 pm Line Dance 1:00-2:30pm	24 Pinochle Class 9am Yoga 9:30-10:30 Pinochle 10am-noon Mahjong 12-3pm Hand & Foot 1-4pm	25 Pancake Break Team 8-11am
	27 Scrabble 1-3 pm Hand & Foot 1-3pm Line Dance 1-2:30 pm Art Class 1-3 pm Yoga 2:45-3:45 pm	28 Exercise 10:30am Foot Care 11:30am Friendly Bridge 12-3pm Game Night 4-5:30	29 Yoga 9:30-10:30 am Mahjong 12-3pm Craft Rm 12:30-2:30pm Cribbage 1-3pm Bingo 4:30pm	30 Bridge Class 10am Art Class 10am-12pm Exercise 10:45am Bridge 12:30 pm Line Dance 1:00-2:30pm	31 Pinochle Class 9am Yoga 9:30-10:30 Pinochle 10am-noon Hand & Foot 1-4pm Mahjong 12-3pm	

WOCAM 2018 Schedule

If you have information that should be added, please contact the office. (207) 646-7775

This schedule is subject to change.

Cabbage Island
Downsizing Seminar
100 Club
Sentry Hill Luncheon

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Tailgate Sale
Closed for Labor Day
Balance Screening
Balance Seminar
Balance Seminar
Balance Seminar

Balance Seminar
Closed for Columbus Day
Atria Lobster Roll Luncheon

Balance Seminar
100 Club
Balance Seminar

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Balance Seminar
Balance Seminar
Durgin Pines Lunch
Marano's Dinner

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Huntington Common Traditional
Billy's Chowder House Benefit Dinner
Holiday Party
100 Club
19 Closed for Winter Break

Breakfast Team Schedule

Red
1 Gold
8 Green
5 Silver
Red
Gold
Green
Silver
Gold
Red